Money Mindset & Manifestation

Journal

for a thriving abundant life

Manifestation Journal

date: _____

I AM MANIFESTING

THE END RESULT LOOKS LIKE
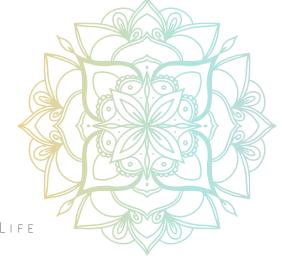
THE REQUIREMENTS

HOW IT CHANGES MY DAILY LIFE

HOW I FEEL WHEN I HAVE IT

MY ENERGY WHEN I HAVE IT

How to Manifest Your Dream Life

Visualize Your Dream Life

Use Affirmations to Replace Limiting Beliefs

Have Faith In The Process

Match The Frequency Of The Reality You Want

Be Purposeful with your thoughts and Beliefs

Remember that Repetition and Intention are Key

Release Control

You are what you think so watch your thoughts

Align actions with your goals

Always trust your intuition

abundance

wealth

Money Mindset

MONEY IS MY FRIEND

I AM WORTHY OF FINANCIAL SECURITY AND ALL THAT THIS BRINGS TO ME

MONEY HAS A POSITIVE IMPACT ON MY LIFE

IT IS SAFE FOR ME TO BE DEBT FREE

I AM GRATEFUL FOR ALL THE MONEY THAT IS PRESENT IN MY LIFE

I AM RICH WITH HEALTH, WEALTH, LOVE, JOY AND HAPPINESS

THERE IS PLENTY OF MONEY TO GO AROUND

Money Is Love.

I Love Money
&
Money Loves Me.

List Of Attractions

Things you have attracted into your life

Things you want to attract into your life

Mood Tracker

month: _____

LEGEND

something

wonderful

is about to

happen to me

CLEARING
subconcious thoughts and
LIMITING BELIEFS

I will no longer believe that...

I will let go of...

The thing I'm most worried about is...

If I weren't afraid I would...

EMBODYING MY
best abundant
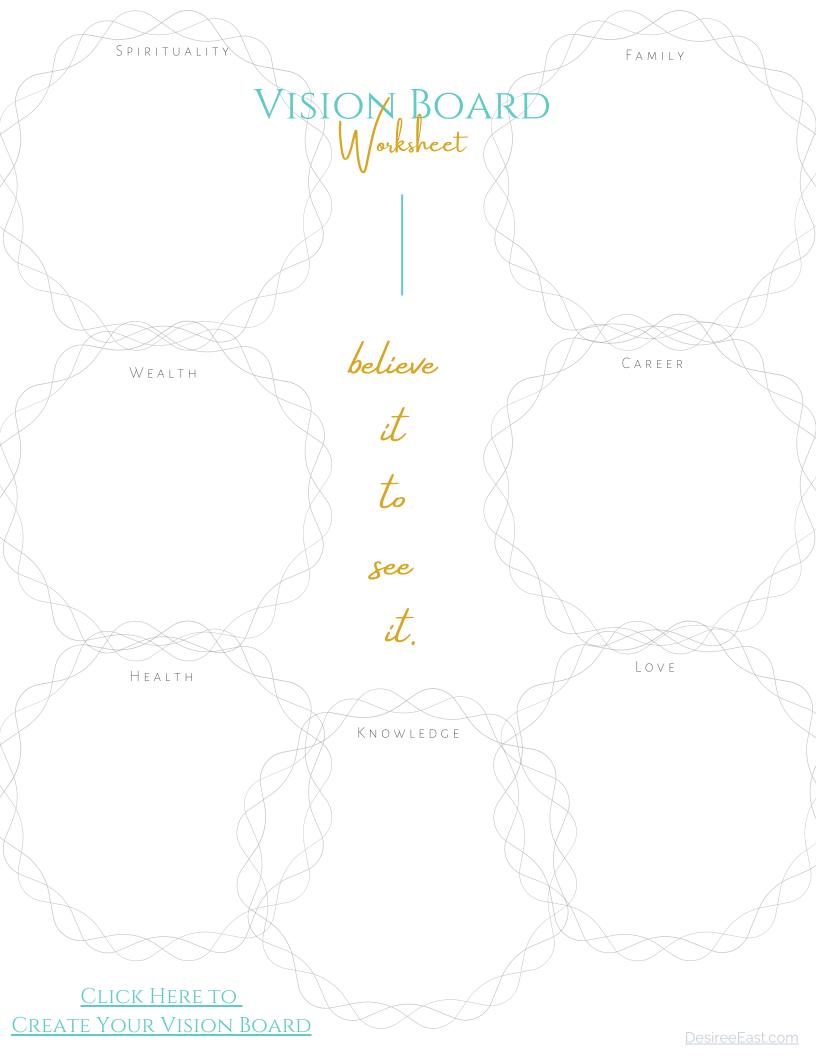# SELF

Habits To Change

Skills To Learn

Values To Enhance

Qualities To Adopt

Raise Your Vibration
CHECKLIST

- ☐ Practice Gratitude

- ☐ Go For A walk in Nature

- ☐ cleanse your energy

- ☐ meditate

- ☐ create

- ☐ listen to inspiring music

- ☐ move your body

VISION BOARD
Worksheet

Spirituality

Family

believe

it

to

see

it.

Wealth

Career

Health

Love

Knowledge

The
Distance
between
Dreams &
Reality
is called
Action

Yearly
planner
Goals

YEARLY PLANNER

YEAR:

| JANUARY | FEBRUARY | MARCH |

| APRIL | MAY | JUNE |

| JULY | AUGUST | SEPTEMBER |

| OCTOBER | NOVEMBER | DECEMBER |

Monthly
Goal Tracker

A little progress each day

adds up to big results

Monthly
Goal Tracker

Month:

Focus:

Action Steps:

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Monthly
Goal Tracker

Month:

Focus:

Action Steps:

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Goal Tracker

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Monthly
GOAL TRACKER

Month:

Focus:

Action Steps:

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Monthly
GOAL TRACKER

Month:

Focus:

Action Steps:

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